Spring/Summer



Newsletter

Special points of interest:

Organ Donation

from Spring 2020 over the age of 18yrs (with some exceptions) will need to **opt out** of the register. Please see www.organdonation. nhs.uk

Coronavirus

We are open as normal and offering telephone consultations should you need us.

For anything to do with the Coronavirus please visit

https://www.gov.uk/coronavirus https://111.nhs.uk/

Kings Langley Health Promotion Evenings

Unfortunately due to the crisis these are postponed until further notice





As summer is approaching and the lovely weather is here, please be aware of the following

<u>Hayfever</u>—symptoms include itchy/watery eyes and blocked or itchy nose, sneezes etc you can get medication from your local Pharmacy to help relieve your symptoms.

<u>Sunscreen</u>—do not forget to apply your cream at the correct factor



